**Listening Hearts 4:
Preparing to Be Missional**

Listening Hearts 4 encourages us to go deeper in listening to God and to one another as we meet with our Listening Groups weekly and live our Christian lives on mission with a weekly assignment. If you haven’t completed Listening Hearts 1, 2, and 3 yet, we recommend you start there to improve your ability to hear God and learn how to encourage others with what you hear.

During Listening Hearts 4, we will build on the spiritual formation practices we learned during Listening Hearts 1, 2, and 3 and try new practices called *Visio Divina* and Gospel Contemplation. We will also practice living on mission between our weekly group sessions with a focus on the following topics:

* Sabbath and mission as worship
* Sacred Pathways we can use to connect with God
* Examining how you’ve defined the Gospel and listening reflectively to those who think differently than you do
* Understanding postmodern culture and noticing how the culture in your church can confuse those who are new to church

Listening Hearts 4 has eight sessions of 90 minutes each. We will follow a similar format to Listening Hearts 1, 2, and 3: listening to one another, considering a few Bible verses, and praying together as a group each week. Participants will also be assigned a few tasks to be completed after each session to help them prepare to live their faith in a way that focuses on people who are not yet part of the church.