# Pray Walk in your Church Instructions

#### In Person:

- Do get permission from your church leadership before you plan.
- Your church may have social distancing/safety protocols as you pray walk!
- Divide into small groups. (Depending on your time, choose how many rooms you will pray for and in which order. If it feels helpful, you can delegate someone to close by saying "Amen" in each room so you know when to move on.



- If you are in your church, actually go to the room and gather in a circle to pray.
- You can use the prompts on the next page to get started...but don't feel limited to them. Pray as you feel led by God.
- When it seems all who feel led have prayed, leave a brief period of silence. Say "Amen" and move to the next room.
- The following Sunday, why don't you spread yourselves around the sanctuary and pray silently for whoever is around you.

### Online:



- Do get permission from your church leadership before you plan.
- Decide the online platform you'll use to pray e.g. Zoom. Does everyone have access?
- Gather the group online. Depending on your time, choose how many rooms you will pray for and in which order. If it feel helpful, you can delegate someone to close by saying "Amen" after prayer for that room is

done so you know to move on.

- Imagine you are there in your church, in those rooms (a) (Or if someone has digital photos, and they comfortable, they may share their screen with the group, room by room, as the group prays.)
- You can use the prompts on the next page to get started...but don't feel limited to them. Pray as you feel led by the God.
- When it seems all who feel led have prayed, leave a brief period o silence. Say "Amen" and move to the next room.

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## **Prayer Prompts**

#### LOBBY

- That newcomers would feel at home
- For friendships and unity to grow
- That people would notice needs
- For those with loneliness, depression, etc. for healing and peace

#### NURSERY

- That God would raise up workers
- For safety and protection
- That the children would grow up to love God
- For wisdom and grace for parents
- Perhaps that new young families would come to your church

### **SANCTUARY**

- Thank God for HIs willingness to be present and welcome the Holy Spirit to work in the service
- Pray that people would hear God speak and respond to him
- Pray that the worship team and AV people would have great sensitivity to God and each other
- Pray blessings over people in your church: for health, jobs, happiness, ever deeper faith in God, etc.

### **PASTOR'S STUDY**

- Pray for pastors, deacons, elders and other leaders:
  - o For holiness, wisdom and joy in the Lord
  - For unity and good relationships
  - To be able to discern God's direction together
  - For their homes and families

#### YOUTH ROOM

- Pray for teens, that God would set them free from anxiety, depression, loneliness
- Pray for release from peer pressure and that they would resist all kinds of addiction (drugs, alcohol, pornography, eating disorders)
- Pray for lasting joy in the Lord, great faith, increasing fruit of the Spirit
- Pray that the adults of the church would hear God speaking through them
- Pray for protection and rejuvenation for leaders and that God would work through them

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#### SUNDAY SCHOOL ROOMS

- That teachers would have creativity and great kindness
- That God would speak deeply to students, that they would be changed for life

### **BACK DOOR**

- Ask God to help your church see who is missing from your community
- Pray for the adult children of your congregation who have wandered from God, for protection and grace, that they would remember His Word.

Take some time after walking in the church to walk around the church and pray, sing, worship. Ask God to bless your church all that goes on inside.

\*Adapted from the Canadian Baptist Women of Ontario and Quebec