Listening Hearts 4

Session 3: Developing Awareness

Objectives

- To improve our ability to hear God
- To encourage each other with what we hear
- To practice being missional in daily life

How to Prepare

- Complete this week's mission assignment
- Review and reflect on the session questions
- Decide what you'd like to share with your listening group

Mission Assignment

- Spend time this week reflecting on Genesis 2:2-3. Think of a role you. play in your life. Do you feel anxious or stressed in that role? How could Sabbath transform your approach?
- Write down the elements of a typical service at your church. Begin to think about how a newcomer might see it or experience it. Write down your observations.

What to Expect

Welcome
Opening Prayer
Reminders
Silence Practice
Missional Focus
Listening Groups
Prayer & Mission Assignment

Session Questions

- How was your experience of Sabbath last week? How could Sabbath inform your approach in your life roles?
- What are some observations of your church service? How would you describe your church's culture?
- What good things might a newcomer notice about your church? What might confuse them or make them uncomfortable?