Listening Hearts 4

Session 2: Making Room

Objectives

- To improve our ability to hear God
- To encourage each other with what we hear
- To practice being missional in daily life

How to Prepare

- Complete this week's mission assignment
- Review and reflect on the session questions
- Decide what you'd like to share with your listening group

Mission Assignment

- Pray for the people in your listening group.
- Spend some time reading and meditating on Matthew 10:42.
- Take some deliberate time for silence without any distractions and invite God's presence. If possible, try to spend at least five minutes in silence each day until you meet again.

What to Expect

Welcome
Opening Prayer
Reminders
Silence Practice
Missional Focus
Listening Groups
Prayer & Mission Assignment

Session Questions

- What is your experience of Sabbath? What do you long for from the God of the Sabbath?
- Where could you pare down your schedule to reduce stress and create margin to reach out to other people?