Listening Hearts

Session 8: Peer Spiritual Formation

Objectives

- To improve our ability to hear God
- To encourage each other with what we hear

How to Prepare

- Review and reflect on the session questions
- Decide what you'd like to share with your listening group

Before Logging In

- Silence devices and use headphones where possible
- Log in early to check for technical difficulties

How to Participate

- Listen well
- Share discussion time
- Be kind and courteous
- Respect others' boundaries
- Limit distractions
- Maintain confidentiality

What to Expect

Welcome
Opening Prayer
Reminders
Silence Practice
Peer Spiritual Formation
Listening Groups
Prayers of Blessing

Session Questions

- How have the spiritual practices introduced in our sessions deepened your relationship with God? Which one(s) will you continue to practice?
- Has God brought someone to mind who would benefit from the spiritual practices you've learned?
- Share how you've been blessed by others in the group.