Listening Hearts 2

Session 4: You Have Heard God Speak

- Listen well
- Share discussion time
- Be kind and courteous
- Respect others' boundaries
- Limit distractions
- Maintain confidentiality

Silence Practice

"Teach me to do your will,
for you are my God;
may your good Spirit
lead me on level ground."

Psalm 143:10 (NIV)

Lectio Divina

This is simply Latin for "Divine Reading". It is an ancient way of reflecting on Scripture.

1. Choose a short passage from the Bible.
2. Ask God to speak to you through his Word.
3. Read (or listen) to the passage slowly three times, pausing between each one to reflect:

- *First time:* Imagine the scene. What does it look like? Sound like?
- *Second time:* Which word or phrase are you noticing most?
- *Third time:* How could that word or phrase apply to your life? What might God be saying?

SHARING PROCEDURE

- Read the question aloud.
- Let one person answer while the others listen without comment.
- The whole group pauses. Take a few deep breaths. Let what that person said sink in.
- Let one or two people ask a question to expand or clarify. Be aware if a Scripture comes to mind. This could be God speaking to you. Share that gently with the group.
- Invite the next person to answer.
- Continue until everyone has had a chance to answer the question while others listen, pausing briefly to listen to God each time.
- Repeat these steps for each question.

THE PLAN

- *Check In:* What has God been doing in your life?
- Share your answers to the questions for this session.
- Pray for each other.

THE QUESTIONS

- What ways has God used to speak to you? List as many ways as you can.
- Take turns explaining how you have heard from God in the same way others have.